

Gill Jessop Memorial “Sporting 14” Time Trial

27th Edition

Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations

Sunday 18th April 2021 at 08:30

Event Headquarters

1st Ripley Scout Hut, Rose Ln, Ripley, Woking GU23 6NE

Signing On

Opens at 07:45

Sign-on and start numbers at Event HQ (Ripley Scout Hut)

Allow 5 minutes from HQ to START

COVID-19 Guidelines

- If you feel at all unwell or are showing signs of Covid 19 DO NOT come to this event.
- DO NOT arrive too early or you may be asked to stay in your vehicle.
- Please bring your own pen to sign on with, and pins if you require them for your number
- Please wear a face covering at appropriate times.
- There will be toilet facilities but these are not to be used as changing rooms.
- The use of turbo trainers is only permitted if social distancing can be maintained, otherwise warm up on the road.
- Please maintain social distancing at all times.
- Having finished your race, you will be expected to return your number, sign out and then leave.
- Riders not adhering to the restrictions in place will not be permitted to ride, will be reported to CTT and may be refused entry to future events.
- These restrictions are not there to make it difficult for either you or the volunteers. They are there to minimise the risk of spreading COVID-19 virus.
- Thank you for your co-operation.

Safety Instructions and Regulations

- CTT regulations require the compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road, to improve rider safety by making riders far more visible on the roads.
- CTT Regulation 14 requires that "No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users".
- Competitors are requested not to warm up on the course after the first rider has started.
- No Vehicles, except those of the Timekeepers' and Event Officials, shall be parked in the vicinity of the start and finish areas
- Competitors must not use ANY audio equipment except prescribed hearing aids. A competitor in breach of this regulation shall be disqualified.
- NB Competitors must not use a mobile phone while mounted on their machines.
- No time may be recorded if number is not correctly positioned
- Official Observers will be stationed around the course

Event Specific Instructions

- Due to the large number of novice riders in this event with no prior times to assist with seeding, riders attention is drawn to the regulations that govern Time Trials and prohibits drafting (riding in company).
- PLEASE KEEP NOISE TO A MINIMUM FOR RESIDENTS AND RESPECT PARKING RESTRICTIONS

Course

This event is held in the London South District, on 13.58 mile circuit course **GS/292A**
Hungry Hill Lane > East Clandon > West Horsley > Ripley Lane
2 laps, 13.58 miles total. Course details as follows:

DETAILS	DISTANCE	TOTAL
START in Hungry Hill Lane at TP7, 114 yards south of junction with Rose Lane and about 0.8 miles southeast of Ripley	0.00	0.00
Proceed along Hungry Hill Lane and Ripley Road to East Clandon, where LEFT into The Street. Follow road round a sharp right-hand bend (now New Road) to junction with A246	3.12	3.12
LEFT and follow A246 to West Horsley RBT (roundabout)	1.15	4.27
LEFT 1st exit into The Street and, after 1/4 mile, fork LEFT into Ripley Lane. Continue into Rose Lane to junction with Hungry Hill Lane. LEFT into Hungry Hill Lane to complete first circuit at starting point.	2.61	6.88
Second circuit follows same route to FINISH at south side of pair of wooden gates 194 yards before the junction of Rose Lane with Hungry Hill Lane	6.70	13.58

Course Records

Solo Male – 29:18 - Edmund Bradbury – 18th Feb 2018

Solo Female – 34:18 – Alice Lethbridge – 10th Feb 2019

Prize Categories

Prize List	1st	2nd	3rd	4th	5th
Men	£70	£35	£20	£15	£10
Women	£70	£35	£20	£15	£10
Veteran Male	£35	£25	£15		
Veteran Female	£35	£25	£15		
Junior Male	£15				
Junior Female	£15				
Road Bike Male	£35	£25	£15		
Road Bike Female	£35	£25	£15		
Men: New Course Record	£100				
Women: New Course Record	£100				

One prize per rider of the highest value (excluding course record)



Supporting EPiC: <https://epic-group.org/the-epic-kitemark>

Road bike category rules

1. No aerobars, clip on aerobars or aero extensions can be used
2. Hands must be holding the handlebars at all times whilst racing (i.e. not with forearms resting on the handlebar)
3. Wheels must have a minimum of 12 spokes each, and have a maximum rim depth of 90mm
4. Helmets must have no visor
5. Ears must not be covered by the helmet (Giro Aerohead helmets, for example, are not permitted)

Time Keepers

Christina Gustafson & Paul Tunnell

Event Secretary

Adam Bidwell – tt@coolbox.me.uk

District

Event held in the London South District, details of LSDC can be found on their website at <https://london-south.ctt.org.uk/>